

NEW FRONTIERS IN
TRAUMA
TREATMENT

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Uta Halee Girls Village & Cooper Village

6TH ANNUAL
SYMPOSIUM

NEW FRONTIERS IN
TRAUMA
TREATMENT

FEATURED SPEAKER

BESSEL A. VAN DER KOLK, M.D.

Thursday, May 31, 2007
Omaha, NE

Scott Conference Center

Sponsored In Part By



Centering on
Mind, Body, Spirit,
& Heart

Uta Halee Girls Village Wellness Center, Fall 2007

Target Audience

This Symposium is for consumers and professionals who work with, set policy for, research, or administer programs in hospitals, residential treatment centers, domestic violence shelters, group homes, substance abuse programs, parenting support programs or any other outpatient treatment providers who treat children, adolescents, adults or seniors who have experienced trauma.

- Treatment Providers
- Administrators
- Educators
- Community Consumers
- Health Providers
- Legal and Law Enforcement Providers

About the Symposium

During the past decade an enormous amount has been learned about the differences between memories of everyday experiences and those of overwhelming events. These memories are different, depending on the age at which the trauma occurs and the social support systems of the victims.

Recent neuro-imaging studies suggest where in the brain these memories are stored and what the mechanisms might be of the recovery of traumatic memories. While ordinary memory is an active and constructive process, traumatic memories are stored in ways that are different from the memories of everyday experience, namely as dissociated sensory and perceptual fragments of the experience.

Using both research studies and clinical examples, Dr. van der Kolk will present data on the nature of traumatic memories and will examine the implications of this knowledge for clinical practice. He will also review appropriate standard for approaching traumatic memories in clinical work.

Dr. van der Kolk will explore the effects of trauma on cognitive, psychological and interpersonal functioning. He will review the research on the profound effects of trauma on cognition, affect regulation, and on the development of "self" and interactions with others. We will discuss how trauma and disruptions in attachment bond affect the development of peoples identity, and how this is expressed socially as difficulties in affect modulation, destructive behavior against self and others and in negotiation intimacy.

Learning Objectives

DISCUSS recent advances in the neurobiology of trauma

DESCRIBE the domains in which traumatic experiences are stored in memory and the ways in which those memories are retrieved into consciousness

EXPLAIN how traumatized people process information

Uta Halee Girls Village & Cooper Village • www.help-for-kids.org

Symposium Agenda

Registration Deadline is May 24 • Early Registration Deadline for reduced tuition is May 11.

* All Sessions presented by Bessel A. van der Kolk, M.D.

8:00 - 8:45 a.m.	Check in and Refreshments
8:45 - 9:00 a.m.	Welcome
9:00 - 10:30 a.m.	TRAUMA & DEVELOPMENTAL PSYCHOPATHOLOGY <i>The Acquisition of Affect Regulation</i>
10:30 - 10:45 a.m.	Break
10:45 a.m. - 12:15 p.m.	ATTACHMENT & PSYCHOPATHOLOGY <i>The Breakdown of Information Processing in Trauma</i>
12:15 - 1:15 p.m.	Lunch (provided) <i>Heidi Wilke, will speak the last 15 minutes of the lunch hour.</i>
1:15 - 2:45 p.m.	AFFECTIVE NEUROSCIENCE <i>Autonomic Medication of the Threat Response</i>
2:45 - 4:30 p.m.	ATTENTION & CONCENTRATION <i>Neuro-Imaging Studies</i>

Tuition: Includes materials, lunch and breaks

\$70 per person if postmarked (not metered) or submitted online by May 11. \$75 per person if postmarked (not metered) or submitted online after May 11. \$85 per person at the door.

Location: Scott Conference Center
University of Nebraska at Omaha
South Campus
6450 Pine Street • Omaha, NE

Note: Free parking is provided. Room temperature varies; please dress in layers.

Continuing Education (CEU's):

This program meets the criteria of an approved Continuing Education program for 6.0 hours of Social Work and Mental Health Practice (Nebraska); 6.0 hours by the Nebraska Division of Alcohol and Drug Counseling, Credentialing Division (Approval Number 07.050) and 6.0 hours by the Iowa Board of Certification (IBC) Category A: Counseling Theories and Techniques or Generic. Application for contact hours has been made to the Nebraska Nurses Association, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation.

Cancellation Policy:

Refunds will be issued for written cancellation requests only. Cancellation requests received by May 24th will receive a full refund less a \$10 processing fee. No cancellation requests will be accepted after May 24th. In the event that a participant is unable to attend, registrations may be transferred to another person from the organization.



Guest Speaker

BESSEL A. VAN DER KOLK, M.D.

Bessel A. van der Kolk, M.D. has been active as a clinician, researcher and teacher in the area of post traumatic stress and related phenomena since the 1970's. He founded the first clinic in Boston, the Trauma Center, which specializes in the treatment of traumatized children and adults, in 1982.

Dr. van der Kolk was the investigator on the first neuro-imaging study of Post-Traumatic Stress Disorder (PTSD). He recently completed the first NIMH funded study of a new exposure treatment, Eye Movement Desensitization and Reprocessing (EMDR) for the treatment of PTSD. He was co-principal investigator of the DSM-IV Field Trial for PTSD, in which he and his colleagues specifically delineated the impact of trauma across the life span, and the differential impact of interpersonal trauma.

His current research is on how trauma affects memory processes; brain-imaging studies of PTSD, treatment outcome of exposure of treatment vs. pharmacological interventions, and the effects of theater groups on preventing violence among chronically traumatized youth.

Dr. van der Kolk is past President of the International Society of Traumatic Stress Studies. He is Professor of Psychiatry at Boston University Medical School, and Clinical Director of the Trauma Center in Boston, Massachusetts. He is co-director of the National Child Traumatic Stress Network Community Program in Boston and the originator of, and currently on the steering committee of, the National Child Traumatic Stress Network.

Dr. van der Kolk's book, *Traumatic Stress, the Effects of Overwhelming Experience on Mind, Body, and Society*, will be on sale at the Symposium.



Symposium Sponsors

Our mission is to provide hope and a healing environment to adolescents and their families through comprehensive treatment programming.



Uta Halee Girls Village and Cooper Village, located on separate campuses in Ponca Hills, assist kids, whose lives are at risk, to find meaning in their lives and form fulfilling relationships. We offer outstanding educational programs with gender-specific psychiatric residential treatment. For 57 years we have provided secure and therapeutic care for students ages

12-18 on our beautiful campuses. We assist struggling youth and families from all areas of the country and accept qualified private insurance and private pay clients.



Uta Halee Girls Village and Cooper Village are JCAHO accredited, licensed by the NE Department of Health and Human Services and approved by the NE Department of Education.



Uta Halee Girls Village & Cooper Village are Sanctuary approved programs.



Please take a moment to browse our website at www.help-for-kids.org

Alegent Health Community Benefit Trust Fund - The Alegent Health Community Benefit Trust provided funding support for this project. The Alegent Community Benefit Trust works with organizations to ensure conditions in which people can be healthy.

Uta Halee Girls Village & Cooper Village

6TH ANNUAL SYMPOSIUM

NEW FRONTIERS IN TRAUMA TREATMENT

Step #1: Please complete the entire form

Name _____ Degree/Licensure _____

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Special needs (must be noted before May 24) _____

Step #2: Tuition (includes materials, lunch and breaks)

\$70 Early registration (postmarked, not metered) or submitted online by May 11

\$75 Postmarked or submitted online after May 11

\$85 Paid at the door

Step #3: Indicate method of payment (all registrations must be prepaid)

Check enclosed payable to Uta Halee MC VISA

Card # _____ Expiration Date _____

Signature _____

Step #4: Send in completed registration form and payment information.

All registrations must be received by May 24. Seating is limited.

By mail: Uta Halee Girls Village & Cooper Village
3017 Mormon Street
Omaha, NE 68112-2205

By fax: 402.453.8923 (for credit card payments only)

Online: Visit www.help-for-kids.org

If you have any questions, please call Becky at 402.457.1397 or Jeanette at 402.457.1331

Visit our website and register online at www.help-for-kids.org