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Uta Halee Girls Village and Cooper Village

Corporate Office

3017 Mormon St., Omaha, NE 68112

7th Annual Symposium



TRAUMA- INFORMED SERVICES:

Changes in Understanding
&
Changes in Practice

Register by April 24, 2008 and
save money on symposium fees!

Uta Halee Girls Village
Cooper Village

7th Annual Symposium

TRAUMA-INFORMED SERVICES:

*Changes in Understanding
&
Changes in Practice*

Featured Speaker

Roger D. Fallot, Ph.D.

Tuesday, May 6, 2008
Scott Conference Center
Omaha, NE

Sponsored in part by

Uta Halee Girls Village
Cooper Village
Trauma Informed Nebraska

*Youth from Uta Halee Girls Village and Cooper Village helped
create "Omaha's Cultural Quilt" (featured here), which is on
display outside the Qwest Center in downtown Omaha.*

Target Audience

This symposium is designed for consumers and professionals who work in a wide range of human service settings, including mental health and substance abuse programs, hospitals, residential treatment centers, domestic violence shelters, group homes, and parenting and peer support programs. It is also designed to address the roles of service providers, administrators, support staff, consumers, and family members regarding trauma-informed change. The symposium is appropriate for any person who serves children, adolescents, adults or seniors who have experienced trauma, including the following groups:

- Treatment Providers
- Administrators
- Educators
- Community Consumers
- Health Providers
- Legal and Law Enforcement Providers

About the Symposium

This workshop is designed to offer an overview of the central conceptual and practical changes that attend trauma-informed modifications in services.

Roger D. Fallot will engage participants in small-group discussions and exercises that follow an approach that may be adopted by a variety of programs and agencies as they plan and implement trauma-informed systems change.

Learning Objectives

After the symposium, participants will be able to accomplish the following:

- Identify key differences between a traditional human service paradigm and a trauma-informed paradigm
- Specify the core principles of a trauma-informed approach to care
- Describe specific ways in which trauma-informed services have been implemented in mental health agencies
- Describe the experiences of consumers, staff, and administrators who have participated in a trauma-informed change process
- Assess the extent to which current service approaches in an agency or program are trauma-informed
- Plan and prioritize trauma-informed change efforts at the systems and services level in an agency or program
- Evaluate the progress of an agency or program in meeting the goals of trauma-informed change

Symposium Agenda

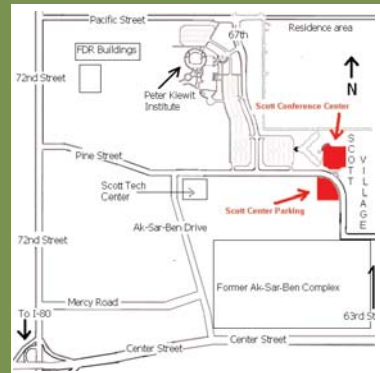
All sessions are presented by Roger D. Fallot, Ph.D.

- 8:30 - 8:45 a.m. Registration and Refreshments
- 8:45 - 9:00 a.m. Introductions
- 9:00 - 9:30 a.m. **WHY TRAUMA?**
- 9:30 - 10:45 a.m. **TRAUMA-INFORMED SERVICES: *Changes in Understanding & Changes in Practice***
- 10:45 - 11:00 a.m. Break
- 11:00 a.m. - Noon **SELF-ASSESSMENT AND PLANNING I ***
- Noon - 1:00 p.m. Lunch
- 1:00 - 1:45 p.m. **STAFF SUPPORT: *An Essential Element in Trauma-Informed Services***
- 1:45 - 2:45 p.m. **SELF-ASSESSMENT AND PLANNING II ***
- 2:45 - 3:00 p.m. Break
- 3:00 - 3:45 p.m. **BEGINNING A CULTURE CHANGE: *First Steps Toward a Trauma-Informed System* ***
- 3:45 - 4:30 p.m. **SUSTAINING A CULTURE CHANGE: *Building a Structure and Process***

* Indicates group discussions, exercises and feedback

Tuition: \$70 per person if postmarked (not metered) or submitted online by April 24. \$75 per person if postmarked (not metered) or submitted online after April 24. \$85 per person at the door. Tuition includes materials and lunch.

Location: Scott Conference Center
University of Nebraska at Omaha
South Campus
6450 Pine St., Omaha, NE
(402) 778-6313
Free parking is provided.



Continuing Education Units (CEUs)

Application for 7.0 Continuing Education Units (CEUs) are available through this program for Nebraska and Iowa mental health and substance abuse professionals. Application for contact hours has been made to the Nebraska Nurses Association, an accredited approver, by the American Nurses Credentialing Center's Commission on Accreditation.

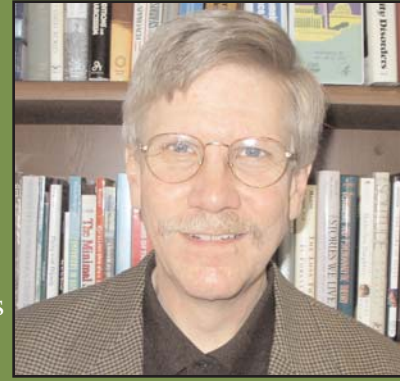
Cancellation Policy:

Refunds will be issued for written cancellation requests only. Cancellation requests received by April 24 will receive a full refund, minus a \$10 processing fee. No cancellation requests will be accepted after April 24. If an employee is unable to attend, registrations may be transferred to another person from his or her organization.

Guest Speaker

Roger D. Fallot, Ph.D.

Roger D. Fallot, Ph.D., is a clinical psychologist and Director of Research and Evaluation at Community Connections, a private, non-profit agency that provides a full range of human services in the District of Columbia. Dr. Fallot received his bachelors, masters and doctorate degrees from Yale University, and specializes in the development and evaluation of services for trauma survivors, and the role of spirituality in recovery. During his professional career, Dr. Fallot has authored numerous clinical and research articles, and is a contributing author and co-editor of *Using Trauma Theory to Design Service Systems*. In addition, Dr. Fallot is a founding board member of the National Trauma Consortium and was the principal investigator for the District of Columbia Trauma Collaboration Study, a federally-funded research project that examined the effectiveness of integrated services for women trauma survivors with mental health and substance abuse problems. He and a group of clinicians at Community Connections have also developed a men's version of the Trauma Recovery and Empowerment Model, a manualized group intervention for working with survivors of physical and sexual abuse. The effectiveness of this model is currently being examined in National Institute for Mental Health-funded projects.



Symposium Sponsors

Uta Halee Girls Village and Cooper Village, located on separate campuses in Ponca Hills, have provided secure and therapeutic care for students, ages 12 to 18 years old, for 58 years. Programs and services at the Villages help youth whose lives are at risk find meaning in their lives and form fulfilling relationships.



Trauma Informed Nebraska is committed to Whole Person, Whole Response, Whole Recovery. Its mission is to oversee the development and implementation of a statewide, consumer-driven, recovery-oriented, trauma-informed project.

Visit www.utahalee-cooper.org for more information on programs and services at Uta Halee Girls Village and Cooper Village

Uta Halee Girls Village and Cooper Village 7th Annual Symposium

TRAUMA-INFORMED SERVICES: Changes in Understanding & Changes in Practice

Step #1: Please complete the entire form

Name _____ Degree/Licensure _____

Company _____

Title _____

Address _____

City _____ State _____ Zip _____

Day Phone (____) _____ Fax (____) _____

Email _____

Step #2: Tuition (*includes materials and lunch*)

\$70 Early registration (postmarked, not metered) or submitted online by April 24

\$75 Postmarked or submitted online after April 24

\$85 Paid at the door

Step #3: Send in completed registration form and payment information

By mail: Uta Halee Girls Village and Cooper Village
Attn. Sonja McKay
10625 Calhoun Road
Omaha, NE 68112-2205

By fax: 402.457.1405 (for credit card payments only)

Online: Visit www.utahalee-cooper.org

If you have any questions, please call Sonja McKay at 402.457.1398