

# Operation: Reintegration Military Mental Health Workshop

October 7, 2011  
Central Community College  
Columbus Campus



Sgt. Mark Fayolga

Being in the military can be a particularly stressful occupation that puts major strain on military families, especially with frequent deployments and fighting two wars.

During this 6-hour workshop sponsored by Interchurch Ministries of Nebraska, and featuring representatives from the National Military Family Association, Veterans Administration, National Guard, American Red Cross, Madonna Rehabilitation Hospital, and Military Family Life Consultants, you will learn about:

- Military culture
- Mental health concerns of soldiers and families
- Deployment cycle stressors
- Resources for families and soldiers

## Who should attend?

- Faith Leaders
- Community Members
- Mental Health Professionals
- Military Families and Supporters



Sgt. Beyonka Josephs

**Friday, October 7, 2011**

**9:00 a.m.-3:00 p.m. (registration at 8:30 a.m.)**



**Central Community College,  
4500 63rd Street  
Columbus, NE 68602**



***\$10.00 donation***

***(lunch on your own)***

***Certificate of Attendance for CEU's will be awarded***

**To make a reservation: Please call IMN to the attention of Danielle Sodergren**

**Interchurch Ministries of Nebraska Military Outreach and Suicide Prevention Coordinator**

**215 Centennial Mall South Suite 300 Lincoln, NE 68508**

**Any questions? 402-476-3391 or [im50427@windstream.net](mailto:im50427@windstream.net)**