Workshop Description

Psychosis is frightening, and often traumatic experience that creates disrupted cognitive function and leaves uncertain aftermath. Until recently, a predictable trajectory for recovery with documentable clinical milestones has remained unreported (Moller 2010). The Milestones of Adjustment Post-Psychosis Recovery Model (MAPP) TM, describes a dynamic four-phase progression from cognitive dissonance to insight followed by achievement of cognitive consistency that cumulates in a return to ordinaries. The entire process can take 3-5 years depending on response to medications.

This Workshop will Provide:
Introduction into the MAPP recovery model with implications for all members of the mental health treatment team. Factors that enhance and delay successful post-psychotic adjustment such as timing of psycho-education, support of case managers, and fine-tuning of medications will be discussed. Implications of the MAPP recovery model for mental health care systems and generalization to non-psychotic disorders will be discussed. A MAPP Recovery Model Treatment Plan will be provided.
Senator Annette Dubas, District 34. Senator Dubas is entering her sixth year of serving the NE State Legislature.

J. Rock Johnson, Attorney at Law and Consumer Advocate, Lincoln, NE. An active member of the National Alliance on Mental Illness and was a member of the Nebraska Behavioral Health Oversight Committee.

Beth Baxter, MS, Regional Administrator, Region 3 Behavioral Health Services. Over 22 years with Region 3 as an advocate for individuals with mental illness. Received the Friend of NAMI Award in 2009.

Dr. Mary D. Moller, DNP, APRN, PMHCNS-BC, CPPR, FAAN is an Associate Professor at the Yale University School of Nursing where she is the Specialty Director for Psychiatric-Mental Health Nursing. She is an Advanced Practice Registered Nurse dually certified as a clinical specialist in adult psychiatric-mental health nursing and a psychiatric rehabilitation practitioner. Dr. Moller received her Bachelor’s Degree in Nursing from Mount Marty College, Yankton, SD in 1971; her Master’s Degree in Psychiatric-Mental Health Nursing from the University of Nebraska Medical Center College of Nursing in 1982; and, the Doctor of Nursing Practice Degree from Case Western Reserve University in 2006. She received the Case Western Dean’s Legacy Award for her research entitled The Lived Experience of the Patient with Schizophrenia in the Post-psychotic Adjustment Phase of Recovery from Psychosis.

From 1992-2008 she was the Clinical Director of The Suncrest Wellness Center, an outpatient psychiatric clinic in Spokane, WA. In addition to her administrative duties, she carried an ongoing caseload of over 250 patients where she was responsible for primary mental health care. She is also President of NurSeminars, Inc, an international consulting and lecture firm related to psychiatric nursing. From 2008-2009 she was Adjunct Associate Professor at Kansas University School of Nursing in Kansas City, Kansas, where she developed their first web-based psychopharmacology course for psychiatric nurse practitioner students. Dr. Moller has served as consultant to both the Israeli and Singapore Ministry of Health Division of Psychiatric Nursing.

Current Clinical Practice
APRN with Prescriptive Authority: Fair Haven Community Health Center, New Haven, CT.

Continuing Education
Good Samaritan Hospital Provider # NE11-14H37. 5.25 contact hours awarded. (Nursing)

Good Samaritan Hospital is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

In order for participants to receive contact hours they must attend the entire workshop and complete an evaluation.

*Approval as a provider refers to recognition of educational activities only and does not imply ANCC Commission on Accreditation, NNA or Good Samaritan Hospital approval or endorsement of any product.*

This program has been approved for 5.25 continuing education hours for Licensed Mental Health Professionals by Good Samaritan Hospital.

Refund Policy
Refund is available if the request is received by October 26, 2011. There will be no refunds after that date.

Workshop Objectives
1. Describe the four phases of the Milestones of Adjustment Post-Psychosis Recovery Model (MAPP).
2. Describe treatment characteristics and interventions related to each phase.
3. Discuss implications of the MAPP recovery model for members of the treatment team and the mental health system.
4. Develop a treatment plan that will promote adherence based on the MAPP recovery model.
5. Describe the challenges that face the mental health system in addressing the recovery needs of individuals recovering from psychosis.