

Objectives: Participants will be able to describe:

- Who are the youth engaging in these risky behaviors and why they started.
- Physical, social and emotional symptoms exhibited that should alert parents and professionals to substance use, risky behaviors, and danger.
- The long and short term effects of risky behaviors and the addiction to these behaviors.
- Roles alcohol and drug usage play in risky behaviors.
- Resources available to help youth engaging in risky behaviors and/or substance abuse.
- Ways to identify the intoxicated youth and initial first responder medical management.
- Current trends in youth drug abuse and the toxicology of common drugs abused.

This conference meets the requirements for 6 CEUs for Nebraska Social Workers, Professional Counselors, Licensed Mental Health Practitioners, and Marriage & Family Therapists. CEUs for LDAC are pending.

Behavioral Healthcare
3801 Harney St., 2nd Floor
Omaha, NE 68131-3811



INVINCIBLE? RISKY BEHAVIORS OF YOUTH

THURSDAY, MAY 29, 2008

WESTSIDE COMMUNITY
CONFERENCE CENTER



Sponsored by:



Region 6 Behavioral Healthcare
3801 Harney Street
Omaha, NE 68131
Phone: (402) 444-6573

Region 6 Youth Services System Coordination is supported by state funds from the Nebraska Department of Health and Human Services.

Invincible? Risky Behaviors of Youth

Westside Community Conference Center
3534 South 108th Street
Omaha, NE 68144

AGENDA:

- 8:00 – 8:30 Registration
- 8:30 – 9:00 Welcome
- 9:00 – 10:30 The Choking Game
- 10:45 – 11:45 Goth & Vampires
- Noon – 1:00 Alcohol Dangers
- 1:15 – 2:45 Pharm Parties, Legal Medicines & Huffing
- 3:00 – 4:00 Rainbow Parties, Sex Games and STDs

PRESENTERS:

Scott Metheny has been a police officer in Upper Moreland Township, Montgomery County, PA since 1994. He has presented over 200 times on the choking game in several states and has presented at the International DARE Conference and the National Association of School Resource Officers Conference. Scott has appeared on numerous television shows including the Today Show, Good Morning America, It's Your Call with Lynn Doyle, CNN, and Fox News. He is a member of a non-profit organization called GASP (Games Adolescents Shouldn't Play).

Dr. Claudia Barthold, MD, is the Assistant Medical Director of the Nebraska Regional Poison Center in Omaha and works as a board certified medical toxicologist and emergency physician at the Nebraska Medical Center. She also serves as the Assistant Residency Director of the Emergency Medicine Residency Program and holds the rank of Assistant Professor at the University of Nebraska Medical Center. She received her Doctorate of Medicine at the University of Tennessee in Memphis. Dr. Barthold received her residency training in emergency medicine at the Louisiana State University Health Science Center in New Orleans, LA and completed her fellowship training in medical toxicology through a joint fellowship sponsored by Emory University, the Centers for Disease Control and Prevention and the Georgia Poison Center in Atlanta, GA.

Patty Spady is the mother of 19 year old Samantha Spady, who died of alcohol poisoning in 2004. The Spadys created a foundation, named after their daughter, to educate professionals, parents and young people on the dangers of alcohol and the signs and symptoms of alcohol poisoning. The Spadys have appeared on Good Morning America and have given numerous presentations. An article about their daughter was printed in USA Today. Sam's family and two journalists have created a documentary film, "Death by Alcohol: The Sam Spady Story".

Kelly Engelke, BS, has been with the Bellevue, NE Police Department for 8 years. She has taught DARE in Bellevue schools for 6 years and is the senior school resource officer for the police department. She has been an SRO for both high schools and middle schools. Kelly also has advanced training in domestic violence, sexual assault, and homicide investigations. She received her bachelor's degree in criminal justice from the University of Nebraska at Omaha.

Kenya Love, BS, is a community educator for the Douglas County Health Department specializing in STDs and HIV. She earned her bachelor's degree from the University of Nebraska at Omaha and is seeking a Masters in Public Health from the University of Nebraska Medical Center.

Due to space limitations, advance reservations are necessary. Reservations are accepted on a first come, first served basis. Payment includes continental breakfast, lunch, and two snacks. If you have any questions about this conference, please contact Alice Drake at (402) 444-4989.

I am interested in attending the May 29, 2008 conference, **Invincible? Risky Behaviors of Youth**. My check or money order for \$70.00 (payable to Region 6) is enclosed.

Name _____

Agency _____

Position _____

Address _____

Daytime phone _____

Email address _____

Registrations for this conference will be confirmed via e-mail.

Mail registration form and payment to:
Alice Drake, Manager of Youth Services
Region 6 Behavioral Healthcare
3801 Harney Street
Omaha, NE 68131