

# 2011-2012 ALCOHOL EDUCATION CLASS Driving Under The Influence (DUI)

Presented by:  Center for Holistic Development, Inc.  
Change Your Thinking... Change Your Life!

and **BJ NELUM AND ASSOCIATES**

Facilitator: **Betty J. Nelum, MS, LMHP, NBCC, CCBT, LADC, MAC, CCJS, ICADC (DOT) NE State Court Approved**

## **SCHEDULED CLASSES:**

November 19, 2011  
December 17, 2011\*

January 21, 2012  
February 18, 2012  
March 24, 2012\*  
April 21, 2012  
May 19, 2012  
June 9, 2012\*  
July 21, 2012  
August 11, 2012  
September 15, 2012\*  
October 27, 2012  
November 17, 2012  
December 15, 2012\*

\* indicates those classes will have a Spanish and Sudanese Interpreter present.

## **EMPOWERMENT THINKING TRIANGLE**

### ***"Understand ~ Discover ~ Change"***

#### **Understand**

the facts of how alcohol and other drugs impair your ability to make healthy choices and drive responsibly.

#### **Discover**

your "individual" patterns, risky behaviors, needs/wants, and life style of unhealthy choices that caused stressful, emotional, legal, financial, and familial issues.

#### **Change**

to empowerment thinking, recognize the levels of unhealthy choices of use - dependence - abuse - misuse of alcohol and other drugs and design a strategic written action plan of healthy life style choices to prevent recidivism (repeat offending).

## **REALITY AND VIDEO**

### ***Victims - Judicial System - MADD Representative***

#### **Understand**

the Judicial System and Law Enforcement.

#### **Discover**

"face to face" the loss, the mental and physical impairment, and the personal impact on the victims lives.

#### **Change**

your attitude toward your responsibility to the potential victims, yourself, a healthier lifestyle and "pay it forward" (compassionate role model deed)

## **CONTACT INFO:**

6502 Sorensen Parkway  
Omaha, NE 68152  
(402) 502.9788

REGISTRATION: 7:00am

CLASS START TIME: 7:15am\*

FEE: \$70 Prepaid/State Voucher | \$85 Cash at the Door

\*Door will be closed and locked at 7:20am

~If there aren't at least 5 people registered for any of the class dates a week before time, the class will be cancelled and your fee will be refunded OR you may choose to attend the next scheduled class date.