

Mental Health Websites



From the National Library of Medicine

(listed alphabetically)

All NLM resources are free and require no username/password accounts

ClinicalTrials: <http://clinicaltrials.gov>

Gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

DailyMed: <http://dailymed.nlm.nih.gov/dailymed/about.cfm>

Provides comprehensive, up-to-date resources of medication content and labeling as found in medication package inserts.

The site can also be used to report adverse events to particular drugs

Drug Information Portal: <http://druginfo.nlm.nih.gov/>

Finds references to multiple databases - i.e. MedlinePlus, DailyMed, PubMed and

Dietary Supplements Labels Database: <http://dietarysupplements.nlm.nih.gov/dietary/>

Includes information from the labels of over 2,000 brands of dietary supplements in the marketplace

LactMed: <http://toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?LACT>

A resource for mothers who are breastfeeding about possible effects on breastfed infants and alternate drugs to consider

MedlinePlus: <http://www.medlineplus.gov>

MedlinePlus will direct you to information to help answer health questions. MedlinePlus brings together authoritative information from the National Library of Medicine, the National Institutes of Health (NIH), and other government agencies and health-related organizations. It includes more than 700 health topics, drug information, an encyclopedia, a medical dictionary, directories, and interactive tutorials and surgery videos. It is also available in Spanish.

PubMed: <http://www.PubMed.gov>

Primarily for professional research, but open to all. It is an index of more than 4500 biomedical journals, from around the world and it contains more than 18 million citations

National Institutes of Mental Health (part of the National Institutes of Health):

<http://www.nimh.nih.gov/>

Includes health information about the symptoms, diagnosis and treatment for mental health disorders

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Other Resources

(listed alphabetically)

American Academy of Child and Adolescent Psychiatry: <http://www.aacap.org>

Everything from when a pet dies, to helping teenagers deal with stress, to children's sleep problems

American Psychiatric Association <http://www.psych.org/>

The nation's oldest national medical specialty society, with 35,000 physician members, includes Healthy Minds: Healthy Lives, The American Psychiatric Association's Consumer Site

<http://www.healthyminds.org/>

American Psychological Association: <http://www.apa.org/>

Includes an excellent section on children's books

American Psychological Association Help Center: <http://helping.apa.org>

Includes information on mind/body health and locating a psychologist.

Bazon Center for Mental Health Law: <http://www.bazon.org>

A national legal advocate for people with mental illnesses and developmental disabilities

Clinical Trials: <http://clinicaltrials.gov>

Gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details.

Mental Health America: www.nmha.org

Formerly known as the National Mental Health Association, the National Mental Health Association (NMHA) is the country's oldest and largest nonprofit organization addressing all aspects of mental health and mental illness.

Mental Health Information Network: <http://mhin.bu.edu/index.cfm>

From the Boston University Medical Center, includes nice section on Psychiatric Disorders A-Z

Mind Body Medical Institute: <http://www.mbmi.org/default.asp>

The Institute, located in Chestnut Hill, MA, reflects the ideas of Herbert Benson, author of The Relaxation Response. The site has information on stress management, positive thinking, exercise and nutrition.

Massachusetts General Hospital Center for Women's Mental Health:

<http://www.womensmentalhealth.org/>

The center is a leader in research on women's mental health and includes the latest research on PMS, pregnancy, postpartum, breastfeeding, infertility and menopause for women.

NOAH (New York Online Access to Health): <http://www.noah-health.org/en/mental/>

SAMHSA's National Mental Health Information Center: <http://mentalhealth.samhsa.gov>

SAMHSA is the Substance Abuse and Mental Health Services Administration of the United States Department of Health and Human Services.

Good site for information on substance abuse, mental illness and coping with disaster